

LONGVIEW RECREATION SCHEDULE

October 9 – October 15, 2017

*Any questions or concerns regarding Recreation programs,
Please contact Bree Nash in the Recreation Department at 375-6335.*



			Longview			Week 5
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 8, 2017	October 9, 2017	October 10, 2017	October 11, 2017	October 12, 2017	October 13, 2017	October 14, 2017
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Dumpling Soup	Sweet Summer Corn Soup	Lentil Soup	Chicken Cacciatore Soup	Garden Vegetable Soup	Manhattan Clam Chowder	Cream of Tomato Soup
Fruited Couscous & Pinenut Salad	Marinated Barley Salad	Japanese Cucumber Salad	Heavenly Hash Salad	Balsamic Pasta Salad	Dijon Tri Color Cole Slaw	Ensalada Navarra Salad
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Salisbury Steak w/Gravy	BBQ Chicken Quarter	Salmon Cakes	Pork Souvlaki	Meatloaf w/Gravy	Cornish Game Hen	Vegetable Lasagna
Coq Au Vin	Deviled Egg Salad on a Croissant	Broccoli & Cheddar Quiche	Roast Beef & Cheddar on	Seafood Louis Salad Plate	Chili Dog	Chicken Tenders
Mashed Potatoes	Parsley Boiled Potatoes	Hash Browns	Multi-Grain Roll	Mashed Potatoes	Baked Beans	French Fries
Broiled Tomato	Creamed Corn	Brussels Sprouts	Brown Rice	Green Beans	Wild Rice	Garlic Bread
Sautéed Spinach	Sliced Carrots	Sautéed Mushrooms	Greek Spinach	Harvard Beets	Grilled Red Onions	Corn
Peach Crumble	Cheesecake	Rice Pudding	Baby Carrots	Pumpkin Crunch Cup	Zucchini	Asparagus
			Lemon Meringue Pie		S'Mores	Black Forest Parfait Cup
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Dumpling Soup	Sweet Summer Corn Soup	Lentil Soup	Chicken Cacciatore Soup	Garden Vegetable Soup	Manhattan Clam Chowder	Cream of Tomato Soup
Fruited Couscous & Pinenut Salad	Marinated Barley Salad	Japanese Cucumber Salad	Heavenly Hash Salad	Balsamic Pasta Salad	Dijon Tri Color Cole Slaw	Ensalada Navarra Salad
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Glazed Ham	Broiled Rainbow Trout	Cheese Manicotti	Braised Beef Tips	Lamb Spiedie	Fish Fry	BBQ Pork Ribs
Pasta Primavera	Corned Beef Reuben	Italian Sausage Patty w/P&O	Mandarin Grilled Chicken	BLT on Wheat Bread	Turkey Club Wrap	Crab Cake Sandwich
Au Gratin Potatoes	Wild Rice	Garlic Bread	Salad	Baked Potato	French Fries	Sweet Potato Fries
Cauliflower	Yellow Squash	Mixed Vegetables	Egg Noodles	Roasted Red Peppers	Corn and Tomato	Peas and Carrots
Asparagus	Sauteed Escarole	Italian Cut Green Beans	Summer Squash Medley	Broccoli	California Blend Vegetables	Wax Beans
French Silk Pie	M&M Brownies	Fruit Tart	Grilled Scallions	Iced Banana Cake	Bread Pudding w/Peaches	Root Beer Float
			Pineapple Crisp			
Weekly Sandwich Selection Turkey Salad and Sliced Bologna						
Mindful Selection						
Staff Meals						

MONDAY – October 9th Columbus Day

- 9:00 **AQUA AEROBICS** with Bethany – Pool, 2nd Floor
- 9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3rd Floor
- 10:00 **EXERCISES** with Bree – Auditorium
- 10:30 **WATERCOLOR** with Adult Day – Adult Day Room
- 10:30 **SCRABBLE** with Bethany – Fireplace Lounge, 4th Floor
- 11:00 **GREAT COURSES, ARCHAEOLOGY: The Origins of Modern Archeology – Auditorium**
- 11:00 **LONGVIEW STORE** open until 12:00 – 3rd Floor
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **STORY HOUR** with Pamela – Adult Day Room, 3rd Floor
- 1:00 **BILLIARDS & SHUFFLEBOARD** – Game Room, 3rd Floor
- 1:00 **ENHANCED/ASSISTED LIVING RESIDENT COUNCIL MEETING – Auditorium**
- 1:15 **MOVEMENT & MUSIC** with Bethany – Garden Level, Rehab Room
- 2:00 **CLAY CLASS** with Laurie – Craft Room, 3rd Floor
- 2:00 **OLD WIVES' TALES** with Bethany – 4th Floor, Fireplace Lounge
- 2:15 **EXPLORING THE PSALMS** with Rabbi Eli or Dani – IC Classroom, 2nd Floor
- 3:00 **POTTERY WHEEL classes with Laurie – Craft Room, 3rd Floor, Sign up in Craft Room**
- 3:15 **MAD HATTER KAZOO ENSEMBLE PRACTICE** – Auditorium
- 3:30 **TEA & TALKING** with Bethany & Jess – Front Lobby, Garden Level

TUESDAY – October 10th

- 9:00 **NAILS** with Soni – Fireplace Lounge, 4th Floor
- 9:00 **OPEN FITNESS** with Bethany – Fitness Room, 2nd Floor
- 9:00 **COFFEE AND CONVERSATION** with Adult Day – Adult Day Room
- 10:00 **EXERCISE** with Adult Day – Auditorium
- 10:30 **LONGVIEW STORE** open until 11:30 – 3rd Floor
- 10:30 **WATERCOLOR** with Soni – Garden Level, East Wing
- 10:30 **UNO** with Bethany – 4th Floor
- 10:30 **WORD GAMES** with Adult Day – Auditorium
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **TAI CHI** with Laurie – Auditorium
- 1:00 **WORD SEARCH** with Soni – 4th Floor, Fireplace Lounge
- 1:15 **MOVEMENT & MUSIC** with Bethany – Garden Level, Rehab Room
- 2:00 **CRAFTS** with Cheryl – Craft Room, 3rd Floor
- 2:00 **PLANET EARTH Mini Series – Auditorium**
- 2:15 **TRIP TO WEGMANS – Sign up in Craft Room, Meet in Entrance**
- 2:30 **YOGA** with Lisa – IC Classroom, 2nd Floor
- 2:30 **CREATIVE COLORING** with Bree – Garden Level, West Wing
- 3:00 **REMEMBER WHEN** with Cheryl – 4th Floor
- 7:00 **INTERGENERATIONAL CHOIR, all are welcome – Auditorium**

WEDNESDAY – October 11th

- 9:00 **AQUA AEROBICS** with Tamara – Pool, 2nd Floor
9:00 **SCRABBLE** with Bethany – Fireplace Lounge, 4th Floor
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room
10:00 **EXERCISE** with Adult Day – Auditorium
10:00 **LONGVIEW SHOPPER** Three or less items from Tops, drop list & money off in Business Office Mailbox
*Orders need to be in by **10:00 AM Wednesday** and will be delivered **Wednesday Afternoon!***
10:30 **LONGVIEW STORE** open until 11:30AM – 3rd Floor
10:30 **BOWLING** with Adult Day – Auditorium
10:30 **TEA & TALKING** with Sarah – 4th Floor, Fireplace Lounge
11:00 **MOVEMENT & MUSIC** with Bethany – Garden Level, Rehabilitation Room
12:30 **WALKING** with Adult Day – Meet in Front Lobby
1:00 **BILLIARDS & SHUFFLEBOARD** – Game Room, 3rd Floor
1:00 **WORD GAMES** with Adult Day – Adult Day Room, 3rd Floor
2:00 **CRAFT CLASS** with Adult Day – Craft Room, 3rd Floor
2:00 **MOVIE MATINEE: Return To Snowy River** – Garden Level, East Wing
3:30 **OPEN FITNESS** with Laurie – Exercise Room, 2nd Floor
3:30 **BRAIN GAMES** with Bethany – 4th floor, Fireplace Lounge
3:30 **BOOK CLUB DISCUSSION: The Nightingale** – IC Classroom, 2nd Floor
7:00 **OCTOBER BIRTHDAY PARTY** with Judy Stock, All are welcome!!! – Auditorium

THURSDAY – October 12th

- 9:00 **COFFEE & CONVERSATION** with Pamela & Marcia – Adult Day Room
9:00 **NAILS** with Bethany & Ali – Garden Level, East Wing
10:00 **EXERCISE** with Adult Day – Auditorium
10:30 **FAMOUS FACES** with Sarah – 4th Floor, Fireplace Lounge
10:30 **TRIVIA** with Adult Day – Adult Day Room
10:30 **WORD SEARCH** with Bethany – East Wing, Garden Level
10:45 **LONGVIEW STORE** open until 11:45AM – 3rd Floor
11:00 **WORLD'S GREATEST CHURCHES Mini Series** – Auditorium
12:30 **WALKING** with Adult Day – Meet in Front Lobby
12:45 **FALL PREVENTION MOVEMENT GROUP** – IC Classroom, 2nd Floor
1:00 **UNO** with Adult Day – Adult Day Room, 3rd Floor
1:15 **BOARD GAMES: Sorry!** with Bethany – 4th Floor, Fireplace Lounge
1:30 **BINGO** with Adult Day – Auditorium
2:15 **TRIP TO THE DOLLAR STORE** – Sign up in Craft Room, Meet in Entrance
3:00 **MOCKTAIL HAPPY HOUR** – Auditorium
3:00 **BELLY DANCING** with Zajal – Auditorium
3:00 **SCRABBLE** with Bethany & Bree – East Wing Lounge, Garden Level
4:00 **HYMN SING** with Barbara & Edna – Chapel, 3rd Floor
6:30 **MAH-JONGG** – C-Wing Lounge, 3rd Floor
7:00 **QUILTING GROUP**, All are welcome! – IC Classroom, 2nd Floor
7:00 **VOCAL PERFORMANCE** by Rick Hayes – Auditorium

FRIDAY – October 13th

- 9:00 **AQUA AEROBICS** with Laurie – Pool, 2nd Floor
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3rd Floor
9:30 **MUSICAL MORNING** with Bethany – Garden Level, Front Lobby
9:30 **PROPAGATING for the Bazaar Plant Sale!** – Craft Room, 3rd Floor
10:00 **EXERCISES** with Bree – Auditorium
10:30 **GUGGENHEIM** with Adult Day – Adult Day Room, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 – 3rd Floor
11:00 **HOLIDAY BAZAAR MEETING, Let's start planning! All are welcome** – Auditorium
11:00 **TRIVIA & DOUBLE TROUBLE** with Adult Day – Adult Day Room, 3rd Floor
12:30 **WALKING** with Adult Day – Meet in Front Entrance
1:00 **BAKING CLUB** with Laurie – 4th Floor Kitchen
1:00 **BILLIARDS & SHUFFLEBOARD** – Game Room, 3rd Floor
1:00 **CREATIVE COLORING** with Adult Day – Adult Day Room, 3rd Floor
1:30 **MOVEMENT & MUSIC** with Sarah – Garden Level, Rehab Room
2:00 **POKENO** with Adult Day – Adult Day Room, 3rd Floor
3:00 **APPLE HARVEST TRIVIA & GAMES at Afternoon Tea** – Auditorium
4:00 **SHABBAT GATHERING**, all are welcome – IC Classroom, 2nd Floor
6:15 **HARVEST MOON DANCE** at Ithaca College – Sign up in Craft Room, Meet in Entrance

SATURDAY – October 14th

- 9:30 **MOVEMENT & MUSIC** with Sarah – Rehab Room, Garden Level
10:15 **SCATTERGORIES** with Sarah – 4th Floor, Fireplace Lounge
11:00 **TRIVIA** with Sarah – Garden Level, Front Lobby
1:00 **COUNTRY RIDE** with Laurie – Sign up in Craft Room, Meet in Entrance
1:30 **MANIPULATION** Card Game – 3rd Floor, C-Wing Lounge
2:15 **MOVIE MATINEE: The Hours** – Auditorium

SUNDAY – October 15th

- 10:30 **CATHOLIC COMMUNION** – Chapel, 3rd Floor
2:00 **WORSHIP SERVICE** with Rev. Steve Froelich – Chapel, 3rd Floor

