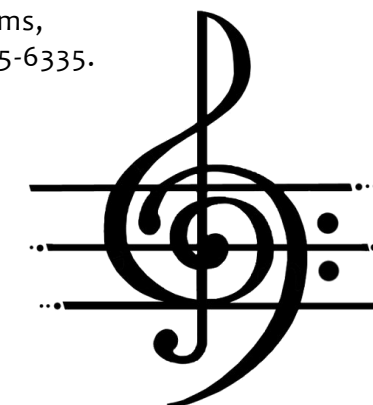


# LONGVIEW RECREATION SCHEDULE

November 6 – November 12, 2017

Any questions or concerns regarding Recreation programs,  
Please contact Bree Nash in the Recreation Department at 375-6335.



						Week 3
Sunday	Monday	Tuesday	Longview Wednesday	Thursday	Friday	Saturday
November 5, 2017	November 6, 2017	November 7, 2017	November 8, 2017	November 9, 2017	November 10, 2017	November 11, 2017
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Turkey Rice Soup	Cream of Mushroom Soup	Manhattan Clam Chowder	Potato Leek Soup	Italian Wedding Soup	French Onion Soup	Cream of Tomato Soup
Pear & Beet Salad	Tomato & Blue Cheese Salad	Black & White Bean Salad	Heavenly Hash	Macaroni Salad	Apple Carrot Slaw	Sweet Potato Salad
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Italian Roast Beef	Mandarin & Chili Pork Stir Fry w/ Vegetable Egg Roll	Chili Con Carne	BBQ Chicken Quarter	Spaghetti & Meatballs	Macaroni and Cheese	Country Fried Steak w/Gravy
Brown Gravy	Chef Salad	Hot Turkey Sandwich	Warm Ham & Brie Croissant	Fried Shrimp Plate	Hot Porchetta Sandwich	Egg Salad on Kaiser Roll
Quiche Lorraine	Asian Noodles	Corn Bread	Garlic Mashed Potatoes	Garlic Bread	Stewed Tomatoes	Scalloped Potatoes
Parsley Boiled Potatoes	Tempura Cauliflower	Roasted Zucchini	Creamed Spinach	Asparagus	Carrots	Harvard Beets
Collard Greens	Bok Choy	Sautéed Mushrooms	Yellow Squash	Beets	Peach Pie	Lima Beans
Brussels Sprouts	Peach Shortcake Pudding Cup	Apple Crisp	Cookies & Cream Blondie	Tiramisu		Mango Coconut Parfait
Cherry Pie						
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Turkey Rice Soup	Cream of Mushroom Soup	Manhattan Clam Chowder	Potato Leek Soup	Italian Wedding Soup	French Onion Soup	Cream of Tomato Soup
Pear & Beet Salad	Tomato & Blue Cheese Salad	Black & White Bean Salad	Heavenly Hash	Macaroni Salad	Apple Carrot Slaw	Sweet Potato Salad
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Irish Lamb Stew	Ground Turkey Stuffed Pepper	Chicken Pasta Alfredo	Beef Stroganoff	Broccoli Cheddar Stuffed	Fish Fry	Turkey A la King
Cranberry Dijon Chicken Breast	Mushroom Cheese Strata	Patty Melt w/ Chips	Garden Vegetable Quiche	Chicken	Meatloaf Sandwich	Philly Cheese Steak
Mashed Potatoes	Brown Rice	Bread Stick	Egg Noodles	Pork Riblet Sandwich	French Fries	White Rice
Green Beans	Corn	Broccoli	Roasted Red Peppers	Rice Pilaf	Peas & Onions	Sautéed Mushrooms
Baby Carrots	Ratatouille	Herbed Tomato	Capri Blend Vegetables	Spaghetti Squash	California Blend Vegetables	Chopped Spinach
Chunky Banana Chocolate Parfait	Lemon Pudding Cake w/	Fruit Topped Cheesecake	Banana Cream Pie	Green Beans	Crème Brulee	Black Forest Cobbler
	Lemon Sauce			Funnel Cake Fries		
<b>Weekly Sandwich Selection Chicken Salad and Sliced Salami</b>						
<b>Mindful Selection</b>						
<b>Staff Meals</b>						

## MONDAY – November 6<sup>th</sup>

- 9:00 **AQUA AEROBICS** with Bethany – Pool, 2<sup>nd</sup> Floor
- 9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3<sup>rd</sup> Floor
- 10:00 **EXERCISES** with Adult Day – Auditorium
- 10:00 **CATHOLIC CONFESSION** with Father Martensen – Chapel, 3<sup>rd</sup> Floor
- 10:30 **CATHOLIC MASS** with Father Martensen – Chapel, 3<sup>rd</sup> Floor
- 10:30 **WATERCOLOR** with Adult Day – Adult Day Room
- 10:30 **SCRABBLE** with Bethany – 4<sup>th</sup> Floor, Fireplace Lounge
- 11:00 **GREAT COURSES, ARCHAEOLOGY: Early Archaeology in Mesopotamia** – Auditorium
- 11:00 **LONGVIEW STORE** open until 12:00 – 3<sup>rd</sup> Floor
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **STORY HOUR** with Pamela – Adult Day Room, 3<sup>rd</sup> Floor
- 1:15 **MOVEMENT & MUSIC** with Bethany – Garden Level, Rehab Room
- 2:00 **CLAY CLASS** with Laurie – Craft Room, 3<sup>rd</sup> Floor
- 2:00 **TRIVIA** with Bethany – 4<sup>th</sup> Floor, Fireplace Lounge
- 2:15 **EXPLORING THE PSALMS** with Dani Novak – IC Classroom, 2<sup>nd</sup> Floor
- 2:45 **CREATIVITY JOURNAL, You make the story! With IC Students** – Garden Level, Front Lobby
- 3:00 **POTTERY WHEEL** classes with Laurie – Craft Room, 3<sup>rd</sup> Floor, Sign up in Craft Room
- 3:15 **MAD HATTER KAZOO PRACTICE** – Auditorium
- 3:30 **OLD TIME RADIO SHOWS: Amos N’ Andy** with Bethany – Garden Level, Front Lobby
- 6:00 **JAZZ** with Jim & Margaret Wakley – Auditorium
- 7:30 **IC CHAMBER SERIES: The Knights, Brooklyn Orchestra** – Sign up in Craft Room, Meet in Entrance

## TUESDAY – November 7<sup>th</sup> Election Day!



- 9:00 **NAILS** with IC Students – Fireplace Lounge, 4<sup>th</sup> Floor
- 9:00 **OPEN FITNESS** with Soni – Fitness Room, 2<sup>nd</sup> Floor
- 9:00 **COFFEE AND CONVERSATION** with Adult Day – Adult Day Room
- 9:30 **TRIP TO VOTE** – Sign up in Craft Room, Meet in Entrance
- 9:45 **FUN WEIGHTS** with Marcia – Auditorium (Please note time change)
- 10:30 **LONGVIEW STORE** open until 11:30 – 3<sup>rd</sup> Floor
- 10:30 **THANKS FOR THE MEMORIES, Music Gameshow** with Joe Trionfero – Auditorium
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **TAI CHI** with Laurie – Auditorium
- 1:00 **WORD SEARCH** with Soni – 4<sup>th</sup> Floor, Fireplace Lounge
- 1:15 **MOVEMENT & MUSIC** with Bethany – Garden Level, Rehab Room
- 2:00 **CRAFTS** with Cheryl – Craft Room, 3<sup>rd</sup> Floor
- 2:00 **JOHN WAYNE: Blue Steel** – Auditorium
- 2:15 **TRIP TO TOPS** – Sign up in Craft Room, Meet in Entrance
- 2:30 **YOGA** with Lisa – IC Classroom, 2<sup>nd</sup> Floor
- 2:30 **BEAN BAG TOSS** with Bethany – Garden Level, West Wing
- 3:00 **REMEMBER WHEN** with Cheryl – 4<sup>th</sup> Floor
- 7:00 **INTERGENERATIONAL CHOIR**, all are welcome – Auditorium

## WEDNESDAY – November 8<sup>th</sup>

- 9:00 **AQUA AEROBICS** with Tamara – Pool, 2<sup>nd</sup> Floor  
9:00 **CROCHET & CONVERSATION** with Bethany – Craft Room, 3<sup>rd</sup> Floor  
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room  
10:00 **PATRIOTIC VETERANS DAY FUN WEIGHTS** with Marcia – Auditorium  
10:00 **LONGVIEW SHOPPER** Three or less items from Tops, drop list & money off in Business Office Mailbox  
\*Orders need to be in by 10:00 AM **Wednesday** and will be delivered **Wednesday Afternoon!**\*  
10:30 **LONGVIEW STORE** open until 11:30AM – 3<sup>rd</sup> Floor  
10:30 **UNO** with Bethany – Garden Level, East Wing  
10:45 **PATRIOTIC VETERANS DAY SING ALONG** – Auditorium  
10:30 **TEA & TALKING** with Sarah – Fireplace Lounge, 4<sup>th</sup> Floor  
12:30 **WALKING** with Adult Day – Meet in Front Lobby  
1:00 **BILLIARDS & SHUFFLEBOARD** – Game Room, 3<sup>rd</sup> Floor  
1:00 **AUTUMN HOLIDAY CREATIVE COLORING** with Adult Day – Adult Day Room, 3<sup>rd</sup> Floor  
1:30 **MOVEMENT & MUSIC** with Sarah – Garden Level, Rehabilitation Room  
1:30 **LONGVIEW OPERA PRESENTS: Gianni Schicci by Puccini** – Auditorium  
2:00 **CRAFT CLASS** with Adult Day – Craft Room, 3<sup>rd</sup> Floor  
2:00 **MOVIE MATINEE: Chocolat** – Garden Level, East Wing  
3:30 **OPEN FITNESS** with Laurie – Exercise Room, 2<sup>nd</sup> Floor  
3:30 **BRAIN GAMES** with Bethany – 4<sup>th</sup> floor, Fireplace Lounge  
7:00 **NOVEMBER BIRTHDAY PARTY** with Bob Lyna – Auditorium

## THURSDAY – November 9<sup>th</sup>

- 9:00 **COFFEE & CONVERSATION** with Pamela & Marcia – Adult Day Room  
9:00 **NAILS** with Bethany & Ali – Garden Level, East Wing  
10:00 **FUN WEIGHTS** with Marcia – Auditorium  
10:30 **TRIVIA** with Adult Day – Adult Day Room  
10:30 **WORD SEARCH** with Bethany – East Wing, Garden Level  
10:45 **LONGVIEW STORE** open until 11:45AM – 3<sup>rd</sup> Floor  
11:00 **WORLD'S GREATEST CHURCHES** Mini Series – Auditorium  
11:30 **VETERANS DAY CELEBRATION at IC** – Sign up in Craft Room, Meet in Entrance  
12:30 **WALKING** with Adult Day – Meet in Front Lobby  
12:45 **FALL PREVENTION MOVEMENT GROUP** – IC Classroom, 2<sup>nd</sup> Floor  
1:00 **CARD GAMES: Uno** with Adult Day – Adult Day Room, 3<sup>rd</sup> Floor  
1:00 **OPEN SWIM with Recreation** – Pool, 2<sup>nd</sup> Floor  
1:00 **BOARD GAMES: Yahtzee** with Bethany – 4<sup>th</sup> Floor, Fireplace Lounge  
1:30 **BINGO** with Adult Day – Auditorium  
2:00 **CREATIVITY JOURNAL**, You make the story! With IC Students – 4<sup>th</sup> Floor Lounge  
2:15 **TRIP TO THE THRIFT STORE** – Sign up in Craft Room, Meet in Entrance  
3:00 **MOCKTAIL HAPPY HOUR** – Auditorium  
3:00 **BELLY DANCING** with Zajal – Auditorium  
3:00 **SCRABBLE** with Bethany – East Wing Lounge, Garden Level  
4:00 **HYMN SING** with Barbara & Edna – Chapel, 3<sup>rd</sup> Floor  
6:30 **MAH-JONGG** – C-Wing Lounge, 3<sup>rd</sup> Floor  
7:00 **QUILTING GROUP**, All are welcome! – IC Classroom, 2<sup>nd</sup> Floor

## FRIDAY – November 10<sup>th</sup>

- 9:00 **AQUA AEROBICS** with Laurie – Pool, 2<sup>nd</sup> Floor  
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3<sup>rd</sup> Floor  
9:30 **MUSICAL MEMORIES** with Bethany – Front Lobby, Garden Level  
10:00 **EXERCISES** with Bree – Auditorium  
10:00 **SCRABBLE** with Sarah – 4<sup>th</sup> Floor, Fireplace Lounge  
10:30 **LONGVIEW STORE** open until 11:30 – 3<sup>rd</sup> Floor  
11:00 **HOLIDAY BAZAAR MEETING, All are welcome!** – Auditorium  
11:00 **TRIVIA** with Adult Day – Adult Day Room, 3<sup>rd</sup> Floor  
12:30 **WALKING** with Adult Day – Meet in Front Entrance  
1:00 **BAKING CLUB** with Laurie – 4<sup>th</sup> Floor Kitchen  
1:00 **BILLIARDS & SHUFFLEBOARD** – Game Room, 3<sup>rd</sup> Floor  
1:00 **CREATIVE COLORING** with Adult Day – Adult Day Room, 3<sup>rd</sup> Floor  
1:30 **MOVEMENT & MUSIC** with Sarah – Garden Level, Rehab Room  
2:00 **UNO** with Adult Day – Adult Day Room, 3<sup>rd</sup> Floor  
2:30 **STAMP ORDERS** – Auditorium  
3:00 **AFTERNOON TEA with music by George Mann** – Auditorium  
4:00 **SHABBAT GATHERING**, all are welcome – IC Classroom, 2<sup>nd</sup> Floor  
6:30 **BIBLE STUDY** with IC Catholic Community, All are welcome! – Chapel, 3<sup>rd</sup> Floor

## SATURDAY – November 11<sup>th</sup> Veterans Day

- 9:30 **MOVEMENT & MUSIC** with Sarah – Rehab Room, Garden Level  
10:30 **OPUS ITHACA School of Music Performance** – Auditorium  
1:00 **COUNTRY RIDE** with Laurie – Sign up in Craft Room, Meet in Entrance  
1:30 **MANIPULATION** Card Game – 3<sup>rd</sup> Floor, C-Wing Lounge  
2:15 **MOVIE MATINEE: Tommy's Honour** – Auditorium

## SUNDAY – November 12<sup>th</sup>

- 10:30 **CATHOLIC COMMUNION** – Chapel, 3<sup>rd</sup> Floor  
2:00 **WORSHIP SERVICE** with Pastor James Depue – Chapel, 3<sup>rd</sup> Floor

