

# LONGVIEW RECREATION SCHEDULE

January 15 - January 21, 2018

Any questions or concerns regarding Recreation programs,  
Please contact Bree Nash in the Recreation Department at 375-6335.

	Longview						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Week 1
	January 14, 2018	January 15, 2018	January 16, 2018	January 17, 2018	January 18, 2018	January 19, 2018	January 20, 2018
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	Minestrone Soup	Cream of Asparagus	Chicken Noodle Soup	Beef Stroganoff Soup	Winter Veg. & Sausage Soup	Mushroom Barley Soup	Cream of Tomato Soup
	Waldorf Salad	Dilled Pea Salad	Apple, Walnut and Wild Rice Salad	Apple Sauce Gelatin Salad	Tortellini Antipasto Salad	Dijon Tri-Color Cole Slaw	Cheddar, Bacon Potato Salad
	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
	Roast Pork Normandy	Cheese Stuffed Shells	Lemon Pepper Chicken Quarter	Veal Marsala	Pork Chop w/ Sauerkraut	Lemon Dill Haddock	Kielbasa
	Gravy	Italian Sausage Link w/Peppers and Onions on a Bun	Meatball Hoagie Oven Roasted Potatoes	Monte Cristo Garlic Mashed Potatoes	BBQ Chicken Sandwich	Chili Dog on a Bun	Beef Taco Salad
	Seafood Alfredo	Garlic Bread	Sautéed Swiss Chard	Roasted Zucchini	Glazed Sweet Potatoes	Baked Beans	Pierogies
	Confetti Couscous	Italian Mixed Vegetables	Baked Acorn Squash	Beets	Roasted Red Onions	Home Fried Potatoes	Braised Red Cabbage
	Brussels Sprouts				Butternut Squash	Baby Carrots	California Blend Vegetables
	Mixed Vegetables	Sautéed Mushrooms	Caramel Custard	Cream Puff	Devil's Food Cupcake w/Vanilla Icing	Broccolini	Carrot Cake
	Apple Pie	Chunky Monkey Brownie				Tapioca Pudding	
	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
	Minestrone Soup	Cream of Asparagus	Chicken Noodle Soup	Beef Stroganoff Soup	Winter Veg. & Sausage Soup	Mushroom Barley Soup	Cream of Tomato Soup
	Waldorf Salad	Dilled Pea Salad	Apple, Walnut and Wild Rice Salad	Apple Sauce Gelatin Salad	Tortellini Antipasto Salad	Dijon Tri-Color Cole Slaw	Cheddar, Bacon Potato Salad
	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
	Pot Roast w/Gravy	Shrimp Scampi	Beef & Broccoli Stir Fry w/Egg Roll	Turkey Chili	Cornish Game Hen	Pacific Seafood Bake	Meat Lasagna
	Turkey Cutlet Dijonaise	Mushroom Swiss Burger	Tuna Melt on Wheat	French Dip	Pepperoni Pizza	Turkey Bacon Melt	Chicken Fajita
	Mashed Potatoes	Angel Hair Stewed Tomatoes		Corn Bread	Wild Rice	Sweet Potato Fries	Roasted Red Peppers
	Sliced Carrots		Brown Rice		Asparagus	Peas and Mushrooms	Garlic Bread
	Green Beans	Broccoli	Stir Fried Vegetables	Corn Balsamic Roasted Vegetables	Wax Beans	Broiled Tomato Half	Italian Green Beans
	German Chocolate Cake	Peach Cobbler w/Biscuit	Baby Carrots	Lemon Meringue Pie	Cherry Crisp	Bananas Foster w/Vanilla Ice Cream	Cherry Cheesecake Bar
			Root Beer Float				
	Weekly Sandwich Selection Tuna Salad and Sliced Ham						
	Mindful Selection						
	Staff Meals						

## MONDAY – January 15<sup>th</sup> Martin Luther King Jr. Day

- 9:00 **AQUA AEROBICS** with Bethany – Pool, 2<sup>nd</sup> Floor
- 9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3<sup>rd</sup> Floor
- 10:00 **EXERCISE** with Bree – Auditorium
- 10:30 **COFFEE TALK with Mark – Craft Room, 3<sup>rd</sup> Floor**
- 10:30 **WATERCOLOR** with Adult Day – Adult Day Room
- 10:30 **SCRABBLE** with Bethany – Fireplace Lounge, 4<sup>th</sup> Floor
- 11:00 **INDEPENDENT TENANT Q&A – Craft Room, 3<sup>rd</sup> Floor**
- 11:00 **GREAT COURSES, ARCHAEOLOGY: The Uluburun Shipwreck – Auditorium**
- 11:00 **LONGVIEW STORE** open until 12:00 – 3<sup>rd</sup> Floor
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **STORY HOUR** with Pamela – Adult Day Room, 3<sup>rd</sup> Floor
- 1:30 **MOVEMENT & MUSIC with Bethany – Rehab Room, Garden Level**
- 2:00 **CLAY CLASS** with Laurie – Craft Room, 3<sup>rd</sup> Floor
- 2:30 **MOVIE MATINEE: Night at the Museum – 4<sup>th</sup> Floor Lounge**
- 3:00 **POTTERY WHEEL** classes with Laurie – Craft Room, 3<sup>rd</sup> Floor, Sign up in Craft Room
- 3:15 **MAD HATTER KAZOO PRACTICE – Auditorium**
- 3:30 **TEA & TALKING with Bethany – Garden Level, Front Lobby**
- 6:30 **TRUMANSBURG COMMUNITY CHOIR – Auditorium**

## TUESDAY – January 16<sup>th</sup>

- 9:00 **NAILS** with Soni – Fireplace Lounge, 4<sup>th</sup> Floor
- 9:00 **OPEN FITNESS** with Bethany – Fitness Room, 2<sup>nd</sup> Floor
- 9:00 **COFFEE AND CONVERSATION** with Adult Day – Adult Day Room
- 10:00 **TRIPLE FUN WEIGHTS, STRAPS & BALLS with Marcia – Auditorium**
- 10:30 **WATERCOLOR** with Soni – East Wing Lounge, Garden Level
- 10:30 **CREATIVE COLORING** with Bethany – Fireplace Lounge, 4<sup>th</sup> Floor
- 10:30 **LONGVIEW STORE** open until 11:30 – 3<sup>rd</sup> Floor
- 10:40 **CHARADES with Adult Day – Auditorium**
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **TAI CHI** with Laurie – Auditorium
- 1:00 **WORD SEARCH** with Soni – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:15 **MOVEMENT & MUSIC** with Bethany – Rehab Room, Garden Level
- 2:00 **CRAFTS** with Cheryl – Craft Room, 3<sup>rd</sup> Floor
- 2:00 **JOHN WAYNE MOVIE – Auditorium**
- 2:15 **TRIP TO ALDI'S – Sign up in Craft Room, Meet in Entrance**
- 2:30 **YOGA** with Lisa – IC Classroom, 2<sup>nd</sup> Floor
- 3:00 **BEAN BAG TOSS** with Recreation – East Wing, Garden Level
- 3:00 **REMEMBER WHEN** with Cheryl – 4<sup>th</sup> Floor



### WEDNESDAY – January 17<sup>th</sup>

- 9:00 **AQUA AEROBICS** with Tamara – Pool, 2<sup>nd</sup> Floor  
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room  
9:00 **CROCHET & CONVERSATION** with Bethany – Craft Room, 3<sup>rd</sup> Floor  
10:00 **FUN WEIGHTS** with Marcia – Auditorium  
10:00 **LONGVIEW SHOPPER** Three or less items from Tops, drop list & money off in Business Office Mailbox  
\*Orders need to be in by **10:00 AM Wednesday** and will be delivered **Wednesday Late Afternoon!**\*  
10:30 **LONGVIEW STORE OPEN** 'til 11:30AM – 3<sup>rd</sup> Floor  
10:30 **BOWLING** with Adult Day – Auditorium  
10:30 **TEA & TALKING** with Sarah – 4<sup>th</sup> Floor, Fireplace Lounge  
11:00 **MOVEMENT & MUSIC** with Bethany – Rehab Room, Garden Level  
1:00 **BILLIARDS & SHUFFLEBOARD** – Game Room, 3<sup>rd</sup> Floor  
1:00 **CREATIVE COLORING** with Adult Day – Adult Day Room  
**1:30 MUSICAL MATINEE: The Sound of Music – Auditorium**  
2:00 **CRAFT CLASS** with Adult Day – Craft Room, 3<sup>rd</sup> Floor  
3:30 **OPEN FITNESS** with Laurie – Exercise Room, 2<sup>nd</sup> Floor  
3:30 **BRAIN GAMES** with Bethany – Fireplace Lounge, 4<sup>th</sup> Floor  
**3:30 BOOK CLUB DISCUSSION: Major Pettigrew's Last Stand – IC Classroom, 2<sup>nd</sup> Floor**  
7:00 **SING-A-LONG** with Bev – Auditorium

### THURSDAY – January 18<sup>th</sup>

- 9:00 **NAILS** with Bethany – East Wing, Garden Level  
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room  
10:00 **FUN WEIGHTS** with Marcia – Auditorium  
**10:30 FAMOUS FACES** with Sarah – Fireplace Lounge, 4<sup>th</sup> Floor  
10:30 **TRIVIA** with Adult Day – Adult Day Room  
**10:30 WHAT AM I?** with Bethany – East Wing, Garden Level  
10:45 **LONGVIEW STORE OPEN** 'til 11:45AM – 3<sup>rd</sup> Floor  
**11:00 WORLD'S GREATEST CHURCHES SERIES – Auditorium**  
12:30 **WALKING** with Adult Day – Meet in Front Lobby  
12:45 **FALL PREVENTION MOVEMENT GROUP** with Tamara – IC Classroom, 2<sup>nd</sup> Floor  
1:00 **UNO** with Adult Day – Adult Day Room  
1:00 **OPEN SWIM** with Recreation – Pool, 2<sup>nd</sup> Floor  
1:00 **YAHTZEE** with Bethany – Fireplace Lounge, 4<sup>th</sup> Floor  
1:30 **BINGO** with Adult Day – Auditorium  
**2:15 TRIP TO TARGET – Sign up in Craft Room, Meet in Entrance**  
**3:00 MOCKTAIL HAPPY HOUR – Auditorium**  
3:00 **SCRABBLE** with Bree & Bethany – East Wing, Garden Level  
4:00 **HYMN SING** with Rev. Barbara Rhudy & Edna – Chapel, 3<sup>rd</sup> Floor  
6:30 **MAH-JONGG** – B-Wing Lounge, 3<sup>rd</sup> Floor  
7:00 **QUILTING GROUP**, All are welcome! – IC Classroom, 2<sup>nd</sup> Floor

### FRIDAY – January 19<sup>th</sup>

- 9:00 **AQUA AEROBICS** with Laurie – Pool, 2<sup>nd</sup> Floor  
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3<sup>rd</sup> Floor  
**10:00 EXERCISES with Bree – Auditorium**  
10:30 **LONGVIEW STORE** open until 11:30 – 3<sup>rd</sup> Floor  
10:30 **SCRABBLE** with Bethany – Fireplace Lounge, 4<sup>th</sup> Floor  
**10:30 PROPAGATING AFRICAN VIOLETS with Sarah – Craft Room, 3<sup>rd</sup> Floor**  
10:30 **SHORT STORIES** with Laurie – Front Lobby, Garden Level  
12:30 **WALKING** with Adult Day – Meet in Front Entrance  
1:00 **BILLIARDS & SHUFFLEBOARD** – Game Room, 3<sup>rd</sup> Floor  
**1:00 BAKING CLUB with Laurie – 4<sup>th</sup> Floor Kitchen**  
1:00 **CREATIVE COLORING** with Adult Day – Adult Day Room  
1:30 **MOVEMENT & MUSIC** with Sarah – Rehab Room, Garden Level  
2:00 **UNO** with Adult Day – Adult Day Room  
**3:00 MAD HATTER KAZOO PERFORMANCE at Afternoon Tea – Auditorium**  
4:00 **SHABBAT GATHERING**, all are welcome – IC Classroom, 2<sup>nd</sup> Floor

### SATURDAY – January 20<sup>th</sup>

- 9:30 **MOVEMENT & MUSIC** with Sarah – Rehab Room, Garden Level  
10:15 **SCATTERGORIES** with Sarah – Fireplace Lounge, 4<sup>th</sup> Floor  
**10:00 CORNELL COMPANIONS Pet Therapy Visits – Garden Level**  
11:00 **TRIVIA** with Sarah – Front Lobby, Garden Level  
**1:00 COUNTRY RIDE with Laurie – Sign up in Craft Room, Meet in Entrance**  
1:30 **MANIPULATION** Card Game – C-Wing Lounge, 3<sup>rd</sup> Floor  
**2:15 MOVIE MATINEE: Duma – Auditorium**

### SUNDAY – January 21<sup>st</sup>

- 10:30 CATHOLIC COMMUNION – Chapel, 3<sup>rd</sup> Floor**  
**2:00 WORSHIP SERVICE with Rev. Tony Lister – Chapel, 3<sup>rd</sup> Floor**

