



**Longview**  
an Ithacare Community

## **Assisted Living Residence Guidelines & Services**

Residents must be essentially independent with Activities of Daily Living (ADLs) to reside in the Assisted Living Residence. This means that a resident needs to be able to feed, toilet, ambulate, transfer and dress him or herself. The Resident Aides (RAs) will assist with showers twice a week and a whirlpool bath once a week, if desired. Residents may use assistive devices or equipment (such as walkers and wheelchairs) as needed to maintain their independence.

Three meals are provided daily and 1 snack per day. The RAs remind the residents when it is time to eat, but the residents need to be able to get to the dining room on their own (staff may guide them). A RA is present while residents are dining to provide minimal assistance and to respond in an emergency. There is a nutritional consultant on staff who monitors residents' diets.

The RAs assist residents with their medication at the Medication Room. They also assist residents with laundry as needed, provide some assistance with bathing and they respond in emergencies (emergency call bells are located in each living unit and every bathroom). There are at least two RAs on duty 24 hours per day. A registered or licensed practical nurse is on duty and on-site at the residence 40 hours per week. In addition, a Registered Nurse is on-call and available for consultation seven days per week, 24 hours a day. Our staff is prohibited from performing any wound care in the assisted living unit by the NYS Department of Health.

Residents choose their own health care providers. A resident may obtain companion care services while at Longview.

Recreational/cultural programs are scheduled daily. Residents have the use of the library, greenhouse, craft room, auditorium, and chapel, as well as the pool and exercise room (under supervision). Our programming is enriched by the partnership we enjoy with Ithaca College.

A social worker is available to provide admission and discharge information, case management, counseling and assistance with problem solving.

Please contact Resident Services Staff with any questions regarding the Assisted Living Residence.

